The Natural Cure For HPV

A Story of Inspiration
And Manual for Healing
The story you are about read is about a journey that changed. The changes I made are something that most people in the modern world are never exposed to. The sad truth is few people will open themselves up to the ideas and recommendations I am about to give to you but the ones who do will experience a real and lasting improvement in quality of life. I congratulate you on making the difficult decision of stepping out of the normal and into the extraordinary field of thought and life.

You have my full support and appreciation for making the same choice I have made. You have made the choice to live right as opposed to just following the normal path. If things like cancer and diabetes are such an epidemic, but still the majority of the population continues to follow the same habits and live in the same cancer causing environments, then how can we expect these epidemics for the next generation to change?

We need to look deep at the causes of our problems and consult nature for the solution.

My personal experience comes from being raised in a third world country where up until about 25 years ago most medical conditions and ailments were treated using only natural methods. These natural methods tune into the forces of nature to heal the body in ways that modern medicine just can't.

The fact remains that almost all drugs are created with synthetic materials and in many cases contain chemicals and elements that cause side-effects and are harmful to the human body. In almost all cases these synthetic drugs are not match for natural remedies.

Modern medicine attempts to treat conditions as opposed to causes and usually at the cost of developing a new condition (side-effect). Read this book with an open mind; follow the step by step process I lay out for you; and enjoy the natural healing benefits that you will receive.
The First Thing You need to Know is…

This is my story of how I found inspiration and a way to heal naturally after being faced with the risk of Cervical Cancer at a very young age. You will learn that there is hope and you will discover the cure to your problem.

You deserve recognition and respect for coming to read this manual. But don't expect it from your doctor. Most doctors have only been taught to treat disease with drugs and surgery. By choosing this manual of natural HPV treatment you have shown you are either a person with HPV, Cervical Dysplasia, Genital Plantar Warts or that you would like to prevent it naturally. It's possible you may also be concerned for family or friends.

Now if you want to get this amazing, effective natural cure you will, but it’s essential that you read this Manual in full, so before you go and try different natural cures and supplements I'll be sharing with you the steps I took and what I found to effectively eliminate any trace of the HPV virus in my body. By the end of this manual you will know the one natural cure for HPV that works. I know because it worked for me, changed my life and now I pass on the solution that will change yours.

There are always two paths in our life we can take, one is the short path to simple survival and the other is the long and prosperous path to living well. To give you a better understanding of what I mean by that I am going to simplify it for you, and pay close attention because this can also help to make other right decisions in life.

Note: This goes for anything in your life, including successful relationships, marriage, friendship and business.

We always get two options for everything and only we can make the choices to create our own destiny,

Long way = Hard way
Short way = Easy way

Most of the time we like to take the easy way to most of it. Why? Because we like simplicity and are often afraid that we might just be wasting our time. But the people that succeed in their life 99% of the time take the hard way/long way and you might call them risk takers. And that is me, I often will choose to take risk in order to do things right, which is why when I was told by my doctor their was no cure I refused to believe it and began my research. Today I AM CURED 100%.

I had 2 options. I could either choose to take the Easy Way (surgery) or the Long Way (natural cure). After considering the pros and cons of each I made my decision based on the effects each would have for my child, and it's easy to see why I took the long way. Baby's are the best gift life gives us and why waste that. Right?

Today I am the happiest mom alive with 2 beautiful baby girls today and if I wanted more I could, risk free. Now if I would have taken the easy way, LEEP surgery, I would’ve risked having miscarriages or possibly not even being able to have more kids at all.

Now you can start to see why I chose the Natural Method. Now that you've heard it from my perspective let's get moving and start getting you cured beginning today.

After you finish reading this manual you’ll know, how it works, what you'll need, and what to expect… do not jump around the Manual looking for that one answer, all the information given to you is presented for a reason. Be assured that if you start at the beginning of this manual by the time you finish you will know, understand exactly, the choice you must make. I give you positive hope and motivation from my own story and what to do to cure yourself, without any dramatic surgery.

I have found from experience that in order for you to get cured you must follow the principles, The Laws of Nature if you will. My goal is to help you to get cured of every range of HPV, from the mild to the severe, the natural way. Even the HPV vaccine does
not protect against all forms of HPV, but if you are willing to follow the instructions I give, you will beat your HPV and reduce any risk of getting cervical cancer, all without risking your next baby, going under the knife or being subject to vaccines and dangerous drugs.

So let’s walk together, and when we get to the finish line I promise you… you will be cured.

IT works, but only you can prove it to yourself!

Cheers, To Better Health

Andrea Segovia
Introduction

We are now starting our journey together. I believe with all my heart that you are at the right place at the right time because you have searched for a better way. You are lucky to find this cure because it’s the only one that works for HPV.

The CDC (center for disease control) still maintains that there is no cure for HPV. But after 4 years, I am still HPV free.

Now the question, is “should you believe in what their saying?” If you want a natural solution I think you know the answer.

I am grateful that there are people like you who refuse to believe everything they are told and know in their hearts that sometimes there is a better way. So now you are ready to give it your best shot, and whether you believe it or not you will be cured.

There are Natural Cures for almost all non-emergency viruses and diseases. There are even documented reports of people being cured from cancer naturally. (See the movie “The Secret”).

A lot of people out there are suffering on a daily basis for same reason you are, so please help them. We are a community let's spread the word “there is CURE for HPV” Let's battle it together.

The difference about me is that I had hope and knew that there was something else out there besides surgery that wouldn’t increase the risk of losing my baby if I got pregnant again. Seal up my privates together, sorry not me, I did not want to give up. Even though I had severe cervical dysplasia and I was just a notch below cervical cancer I took the courage to try the natural cure not knowing if it was going to work. It wasn’t an easy decision to make when I had the doctors telling me “you have to get it done”, “you can get cancer and there is no cure, SORRY, It could be today, in a month in a year”…

Thanks, Doc

Please don’t listen to that, block your ears and avoid the phone calls if you have to.

The big secret that the pharmaceutical companies and medical insurance providers don't want you to know is that there is a Natural Cure for almost everything. Coming from a small third world country I've seen the contrast in society where most people get cured
by all of our South American herbs and more importantly prevent disease with a healthy lifestyle.

*Life is only once, live it to the fullest but don’t neglect your body, Stay Healthy and Happy like you could live forever!*

You’ll notice as you read this HPV manual that you’ll see the potential and when you finish this book you’ll feel like there is still hope and your eyes will light up again. But you must read the whole book so it can positively impact you and believe it.

You must know that the reason I wrote this book it is to help you get cured all the way, to be happy and have the confidence that you will be cured.

*Whatever you really want in life you can make it happen*

Why risk it right?

Meanwhile after you purchase this book you must implement it daily. I can’t stress this enough, I give you the cure but you must take the action to execute the plan, I can’t do it for you.

The ones who do it will live an HPV Free life and enjoy good health, and once it’s cured that same HPV will never come back. So let’s get started.

*I’d like to start this manual by telling you my history. I hope you enjoy it and learn from me. The last thing you need to do is to worry, believe me you have found The Cure, I wouldn’t have wasted my time writing and promoting this manual otherwise.*
Chapter 1

My History begins

I have been married for almost 5 years now.

I have the love of my dreams, and my 2 beautiful baby girls. One just turned 2 and the other just turned 1. I have been HPV FREE and in great health for 4 years.

After 1 and ½ years of being married we decided to have a baby... let me tell you I turned out to be really fertile. The first time we tried, I got pregnant.

Lucky Me!

After getting pregnant with my first baby, the normal procedure is you start following up with checkup doctors appointments. I was the happiest woman alive to bring my little girl into the world and moms always hope for the best.

Soon after my visits began my Doctor had me take a PAP test and told me “I’ll call you after a week”.

Her Nurse called me after a week as promised, and said to me “I’m sorry to let you know, but your HPV test came back positive, we'll have to schedule a visit to talk about the solutions.”

I had taken classes in Medical Terminology but the term HPV was new to me. So when the doctor told me what I had, the first thing I did after I hung up the phone was I went to look in a medical terminology dictionary. I didn’t even know what she meant by HPV.
So when I opened the dictionary, the first thing I thought I had was Hepatitis B, ha ha, yeah I laugh now but I didn’t back then. My husband saw me so worried and asked me “what happened?” I told him “I’m not sure but I think I have Hepatitis B”. He said to me “honey don’t worry you must have misunderstood, right?” He called and talked to the nurse and got it right at last.

I am not the kind of person that had many partners. One thing that I am certain is that it only takes one partner to give you HPV, that’s what happened to me.
Chapter 2

My HPV Got Worse

I kept my follow up appointments as usual throughout the pregnancy. And after bringing my first little girl to the earth, they wanted me to have another PAP test right away, with the hopes that maybe it would go away.

But this time I got the results I had severe cervical dysplasia, and this time I knew what that term meant, ha ha.

It didn’t hit me until I went to the appointment for LEEP procedure. I started asking questions like

Me: What is LEEP?

Doctor: The LEEP procedure is a surgery where the doctor will use a loop electrode (sharp wire) to remove a portion of the cervix. During LEEP, a high-intensity electrical current is passed through the loop-electrode, allowing the doctor to shave off a thin slice of cervical tissue. This slice of tissue can be examined under a microscope to check for abnormal cells, the purpose of LEEP was diagnosis, but LEEP can also be used to remove any tissue that may be found to be cancerous or pre-cancerous once it is found

Me: Can I have more babies?

Doctor: Yes, but there is more risk involved than usual...

Me: What Risk?

Doctor: As you know with a procedure like LEEP we take a piece of your cervical tissue, you could potentially have risks like:
- Big Risk of miscarriages and cervical impotence.
- Infertility
  - Normal risk factor as in any surgery, slip-ups, over-cutting, not removing the tissue completely, etc… *(After receiving many calls about this natural cure I've found that many women still have HPV after the LEEP procedure)*

Me: How will I feel after the surgery?
Doctor: Discomfort for 6-8 weeks and a LITTLE uncomfortable surgery

Me: If I get pregnant and I am at a high risk of losing my baby because of the surgery what are the options to save the baby? What happens in that Case?
Dr: We would have to stitch you together.

Me: No Thanks
Me: Will that stitching hold the cervix for sure?
Doctor: Nothing is guaranteed

To me it just seemed like way too many unknown variables, right at that moment I got up and I said I am going to think it through, I don’t want to do it right now.

These Top Medical minds recommended risky surgery with such little promise. But my belief was so strong that I could find an alternative, and did, I found a Natural Cure that really worked.

I knew when I left that room that I had a long life ahead of me with many kids. After all I was only 21 years old when I was faced with this shocking news.
Chapter 3

Spanish Translation

My husband came with me to the doctors’ appointment every single time but that day unfortunately he had to work, so I had my mother come along with me.

My mother happened to see a friend of hers, named Natalia, while waiting for me outside, when I came out they were talking to each other. Natalia works as a translator for Hispanics, so I went there, sat down, grabbed my little girl in my lap and hugged her, she was 2 months old at that time. My tears started to come out of my eyes. My mom and Natalia asked me “what’s wrong sweetie, what’s wrong?”

I could hardly talk, so Natalia said to me, her mom had the same thing, today she has 4 kids. Natalia also said, “I know with a case like that, some people are lucky, she may have had tougher pregnancies but it happened though.” She commented “I think you made the right decision because there are other people out there that happen to not be that lucky.”

“She knows all that because she translates especially for OB, she had dealt with all kinds of similar situations.”

Then She started smiling, and said to me “Damn girl, you have a 2 month old baby and you already want another? I have one and that’s more than enough for me.”

Whether you want kids, are undecided or are are sure you don't. It's nice to know you won't have continuing health problem for the rest of your life because of such an unknown outcome.
Then I got home and told my Golden Boy, I told him all about it and he said to me “Honey I am so happy, I am glad you took the right path. You know that we are going to be working on this together, don’t worry baby, we’ll find a safe cure, there is always a different choice if you look for it.”
Chapter 4

My Search Begins

We went online and researched it for weeks, I started by searching terms like “natural hpv cure” “natural cures” and “natural remedies” in google, yahoo, msn, you name it.

I took me 6 weeks to find the cure I was happy and willing to believe in, try out and put my full effort into.

But I didn’t happen to find it in the search engine. When I got pregnant I signed up for a free account at www.babycenter.com , which, as being a first time mom I wanted to learn how to be the best mom possible. I would recommend baby center to any soon-to-be mommy.

As I was getting my monthly emails, which I learned a lot from, one day reading my email I decided to search for moms going through the same or a similar situation, I read and read… until I found a Mom that said she had been cured of HPV with a natural aloe based element.

As soon as a read that I sent a message to the email that she had left in the post and asked her where to find this aloe infused treatment that she mentioned in the email.

She wrote right back to me and said these exact words “I am glad that you have found me and hope you get cured as well.” She gave me a link to the web page to go look around and find out about it for myself.
Chapter 5

Meet Dr Joe Glickman MD

I went to the web page www.health-science-report.com and didn’t hesitate one bit to buy it. I could not believe I had finally found Dr. Joe Glickman MD

Dr. Joe made me dream, hope again and believe in natural supplements even more than before.

Dr. Glickman's supplements have been sold since 1996 by Alotek Supplement Company which has an outstanding record with the Better Business Bureau.

Joe created an all natural Aloe Vera based supplement called Beta-mannan, which has safely eliminated HPV-related illnesses in 90 days or less in the vast majority of cases for thousands of men and women who have followed the treatment recommendations with Beta-mannan.

What is Beta-mannan?

Beta-mannan is an all Aloe based supplement, which is totally painless and naturally safe. You can take the capsules both orally and vaginally. Based on the feedback from customers since 1996 it’s highly successful.

It’s ingredients are a nutritional food supplement and it contains a very specific combination of extracts and concentrates of the healing compounds found in Aloe Vera. It is completely natural and organic.

Who can take it?

Beta-mannan is recommended for children, pregnant/not pregnant people (men and
women included) with cervical dysplasia or vaginal HPV infection, plantar warts, carcinoma, yeast infections and other HPV related diseases.
Chapter 6

The Journey Begins

Every disease or ailment has a specific amount of Beta-mannan you’ll need to take. You can either check it out at health-science-report.com or when the product is received you’ll get a treatment recommendation paper called “Health Science Report” by Joe Glickman.

Now back to my story for a minute after I began the process and started following up on the instructions…

After putting my faith in Dr. Glickman’s product I finished the process, which took 90 days as said, I waited 10 days to do the PAP test after finish the capsules. You should wait 10 days after you finish the capsules as well (by taking it vaginally it’s necessary so there is not aloe left over).

Taking Dr. Joe's Supplements are easy...

**IMPORTANT: for current recommended dosage consult Alotek directly. We are not affiliated in any way with their product**

You take 4 pills orally everyday just like taking a Multi vitamin every day, which of course is painless. Then if you are a woman you can also take 2 pills vaginally which will dissolve inside.

So as the 90 days went by I took my Capsules as recommended by Dr Joe, and I set my doctors appointment making sure to put 10 days between the end of my treatment and the appointment.

When I called to make an appointment for the PAP test, the nurse said “why don’t you
set up the appointment to have the LEEP done, this thing is incurable, unless we do the procedure” all I heard was “…blah, blah, blah”

Me: NO, sorry but I don’t agree.
Nurse: (In a cynical voice) Are you sure?
Me: Yes, and can you please schedule me a PAP test? thank you.

I went to the clinic as scheduled to have my 3rd PAP smear.
I said to the Doc, “I took a natural cure”, that’s all I said, she just smiled at me and said “we’ll get you the results in a week”.

In a week I got the call from the Doc and usually the nurse calls. She said “your PAP smear came out normal, but you’ll have to take it a second time to be accurate”. They refused to believe it!
Well I am happy to say I got the last laugh!

I set up the next PAP to satisfy their ego, went in, and guess what N-O-R-M-A-L, they thought I was just lucky that’s all.

But the secret I held that they had no interest in believing was that a natural cure called Beta-mannan along with a positive attitude and a healthy lifestyle (avoiding smoking and drinking) was responsible for eliminating and curing my HPV.

This message has reached you and you now have the choice to heal yourself as I did. Too many people are kept in the dark about the truth of natural healing. Just because educated doctors tell you something is incurable I have found that this doesn’t always hold true.
I once read a statistic that out of all the years of Medical School, most doctors only spend one week reading about nutrition. We can’t blame the doctors if they aren’t properly educated.
Don’t let anybody tell you what to do, follow your heart!
Chapter 7

Good News Arrives

My little girl was 6 months old when I got pregnant again with our next little beauty, another girl.

My first experience with a pregnancy doctor wasn’t the greatest, so this time I chose to go to a different doctor in another clinic. Now this time I was really happy.

I said to her on my first appointment, as you see in my records I had HPV, I got cured. She was amazed.

“Well done” she said, then we are going to wait till 2 months after your baby is born before we run another test.

2 Months after I got the test done, again N-O-R-M-A-L, You can do it too! Nature holds the secrets to many of problems but unless we search for them and give those options the opportunity to work for us they are worthless. In order to accomplish anything you must take action.

Now that you know my story, which I am grateful to share with you, stay positive, do as I did, follow the treatment and you’ll get cured.

Accept only the best and you’ll have it.
Chapter 8

The Importance of a Healthy Lifestyle

It’s important that I let you know that I don’t believe you can fully heal from anything if you continue to add poisons to your body, especially alcohol and smoking cigarettes.

If you are serious about being healed it’s important that you treat your body like a temple and eliminate any toxins that have found their way into your body from smoking, drinking, processed food and pesticides. I want to give you a few tips that will ensure that your treatment is successful. These tips will help you prevent disease from spreading in your body in the future.

Besides taking Dr. Joe's proven formula to which I attribute 80% of my success, I have lived a very healthy lifestyle for a while starting shortly before I found out about my HPV.

I highly recommend reading this page on Natural Hygiene:

http://en.wikipedia.org/wiki/natural_hygiene

What most doctors will not tell you is that many cancers and illnesses stem from the quality of food we eat on a regular basis, including but not limited to, processed/packaged food, fast food, and anything containing high fructose corn syrup and/or preservatives. Often the chemicals added to city water also add to detoriorating health.

A key exercise for a healthy life is deep breathing, try it for 5 to 10 minutes every day. Inhale, Exhale [this exercise will clean the toxins of your body].

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Personal Development author Anthony Robbins talks about this in his book “Unlimited Power” another highly recommended resource for achieving your full potential both in healing and in life. He recommends breathing in deep, all the way down to your stomach for a count of 1, holding the breathe to circulate through your blood system for a 4 count, and then releasing the breathe for a 2 count. You can increase or decrease this as necessary. ( you can breathe deeper by pushing your stomach out as you breathe in and pulling your stomach in towards your spine as you breathe out )

Example: Breathe in 2, Hold 8, Breathe out 4

Another healthy practice he recommends is aiming to eat a diet of 70% water-rich foods such as fruits or vegetables. Fruits and vegetables give you antioxidants and many other essential vitamins and minerals that boost your immune system. It's a fact that disease can't live in an oxygen rich environment. The sad truth is the the advertising noise from the Pharmaceutical Industry is so loud we don't hear truth about natural health when we hear it occasionally from natural health professionals. Many of the nutrients found in water-rich foods aren't found in the average persons diet and this is why disease has become such an epidemic. I recommend for starters eating at least 1 apple per day and alternating other fruits and vegetable into your diet each and every day.

I would highly recommend reducing or quitting your smoking/drinking while you cure your HPV, it is your life and your decisions so make your choices wisely, but I can tell you that a healthy diet and regular exercise in addition to a daily multi vitamin will only speed up the process of your cure.

In addition to Dr. Joe’s Beta-manna I also douched occasionally with Organic Aloe Vera Juice and warm water mix. You can find the Aloe Vera Juice at most Sam’s Club Stores and also at health food stores.

I am a person who carries on a tradition from South America which is yerba mate, It’s one of the most popular herbal drinks out there and is known for it’s valuable cures and energizing effect on the body. If you’d like to know more, check out the yerba mate blog at:

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I have been drinking yerba mate since I was 5 years old and until today the doctors are surprised at how healthy I am. My 2-year-old has been drinking Mate since she was 1 year old. I guess she has the taste for it from when I was pregnant drinking it all the time.

Besides living with a natural diet and healthy lifestyle, I always recommend exercise. Exercising offers a great way for the body to eliminate toxins and strengthen the immune system.

One more thing I’d like to share with you is the power of your mind and your attitude. This doesn’t just pertain to disease but almost anything you’d like to accomplish in life. A stressed out body and mind is a breeding ground for viruses and disease. Look at the word dis-ease, meaning not at ease. See disease can’t survive in a happy body. Changing your mental attitude can be one of the hardest things to do, but if you can master it you are able to put yourself in a better place, heal faster and accomplish your goals easier. Make sure to go to our forum for more information.

If you’ve seen the popular movie “The Secret” you remember the true story of the lady who was diagnosed with breast cancer. She attributes her success to being thankful for a cure and watching funny movies and staying in a good mood. This only reinforces the theory that disease cannot live in a happy body. When you are happy your brain produces chemicals that are distributed through your blood to your entire body which make you feel good. Happy cells make healthy cells and disease cannot live with healthy cells.

Beta-mannan will cure you if you follow the treatment, even without doing everything I did. I may have been slightly skeptical myself, but I still had hope and guess what? I was cured. I know you can be cured to. But the better you treat your body, the faster your cure will come and the better your body will treat you.
You have come to know me from my story, but I will tell you a few things you don’t already know about me.

I definitely support a healthy lifestyle and am a strong believer that almost anything can be accomplished if you set your mind to it, seriously... anything. Maintaining a positive attitude will help you get through even the BIGGEST challenges in life.

After I had my second little girl I had wanted to return to my original weight. Well I have good news to share with you for staying fit…

I was already back to my normal weight by the time my little girl was only 8 months old! Using only a few of the techniques to stay fit I was able to bounce back to my original weight and a healthy figure.

If you are interested in using the natural health plan I created feel free to email me for information on how to order the ebook or get more information inside your members area.

Wishing you Good Health, Good Friends and a Long Enjoyable Life!

-A.S.